



Dr.Shivani Kumari S

CONTACT



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Shivaniprasad

PERSONAL DETAILS

Date of Birth : 24/12/2000

Marital Status : Single

Nationality : Indian

Religion : Hindu

Place : Bangalore

SKILLS

Clinical Research, Patient
Assessment, Diet Therapy and Yogic
Management, Acupuncture and
Acupressure, Leadership Skills,
Recording Patient Medical History,
Management Skills, Prescription
Making, Patient Diagnosis, Bedside
Care, Research and analysis,
Therapeutic Interventions, Primary
Care, Pain Management, Medical
record-keeping, Physical examination,
Wound Care, Interdisciplinary team
coordination, Patient Education.



OBJECTIVE

"To utilize my expertise in Yoga and Naturopathy to promote holistic wellness, educate individuals on preventive healthcare, and contribute to the advancement of natural therapies through clinical practice, research, and education.

EXPERIENCE

Intern Sep 2023 - Sep 2024
Government Nature cure and yoga medical College
Mysuru.

- Documented patient medical histories, complaints, and all patient-related communications.
- Treated various Lifestyle related diseases using naturopathic modalities.
- Did various case studies using the clinical data

Intern 1 August 2024 - 31August 2024
Laxmidevamma maternity hospital Mysuru

- Assisted in various obstetric procedure
- Learnt about the natural birthing process
- Gave integrative care to the patient s suffering farm gynecological disorders.
- Taught yoga to pregnant women.

Intern 1April 2024 - 30 April 2024
PKTB Sanatorium Mysuru

- Assisted various examination, procedure, and treatments.
- Treated various lung related disorders and assisted modern, treatment modalities with naturopathy and yoga
- Gave integrative care to the patients.

Intern 1jan 2024 - 31

LANGUAGES

English

Hindi

Kannada

Tamil

Telugu

Swami Vivekananda Yoga Anusandhana Samsthana
Bangalore

Jan 2024

- Pain management, Stress relief, yoga, Acupuncture and dietetics provided to Rehabilitation patients.
- Learnt various yogic techniques to treat psychosomatic diseases.
- Attended OPD at various departments like internal medicine, Dermatology, Emergency and casualty, Rabies clinic, Obstetrics and Gynaecology, psychiatry etc.
- Assisted in developing patient care plans and providing follow-up care.
- Gave various lectures and presentations on the importance of yoga in preventing various life style disorders.

EDUCATION

BNYS (Bachelor of Naturopathy and Yogic Sciences

2024

Government Nature cure and yoga medical College
Mysuru
80.1%

MA Psychology

2024

Indira Gandhi National Open University
Pursuing

PROJECTS

Research paper presentation at international virtual conference

MOLECULAR BIOLOGY AND GERM THEORY OF DISEASE:
REIMAGINING GERMS DO NOT CAUSE DISEASE BUT ARE FOUND IN
DISEASE CONDITIONS.

Dessertation

THE EFFECT OF TRANSCUTANEOUS ELECTRICAL NERVE
STIMULATION (TENS) IN MODULATING PAIN IN SUBJECTS WITH
PRIMARY DYSMENORRHOEA

Research proposal

THE PHYSIOLOGICAL EFFECTS OF ASANA, PRANAYAMA AND
MEDITATION ON ACADEMIC STRESS AMONG ADOLESCENTS: AN
ANALYTICAL STUDY

CONFERENCES ATTENDED

1. 3rd international conference on yoga and naturopathy SDM Mangalore 2019
2. Mega naturopathy camp Nin Pune at Goa 2019
3. Yoga for heart care 2020 Mysore
4. Biomechanics of yoga 2023
5. Prakriti Siddhanta virtual conference and paper presentation 2024
6. Recent advances in yoga therapy a conference CCRYN Nagamangala 2024
7. Cardio yoga summit SJICSR Mysore 2024