

Pasupuleti Sushma

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Address: Eluru, Andhra Pradesh

WORK EXPERIENCE

1. Manthena Satyanarayana Raju Arogyalayam, Vijayawada - 2 months

- Conducted consultation for over 50 patients every 15 days.
- Worked under the guidance of Research Medical officer to research areas related to Nutrition and Vegetarian food.
- Observed and practiced various Naturopathy treatments like Yoga therapy, Acupuncture and fasting.

2. Institute of Natural Healing, Karimnagar - 3 months

- Worked under the guidance of Senior Naturopathy Physicians in departments like Electrotherapy, Exercise therapy and Acupuncture.
- Planning and recording diet plans based on the needs of individual patients and their specific medical conditions. Observed and learnt the preparation of various Naturopathy diet recipes.

3. Care Yoga Naturopathy Medical College & Hospital, Pittalavanipalem - 2 months

- Worked in Naturopathy, Physiotherapy, Ayurveda, Homeopathy and Allopathy departments.
- Treated patients under the guidance of Senior Medical officers.
- Delivered seminars & presented clinical cases on various disease conditions.

4. Krishna Nursing Home, Ponnur - 1 month

- Counselling pregnant women in their pre-natal period & Young women about Nutrition and Diet planning.
- Worked in OBG and Orthopedic departments and observed various surgical procedures closely.

5. Red Cross Institute of Yoga and Nature Cure, Hyderabad - 2 months

- Conducted consultations for inpatients and out patients as well.
 - Performed treatment planning, diet prescription, Accupressure & Acupuncture.
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EDUCATION

BNYS - **78.7%** (Care Yoga Naturopathy Medical College & Hospital, Pittalavanipalem)
12th standard - **97.7%** (Sri Chaitanya Junior College, Vijayawada)
SSC - **9.8 GPA** (City High School, Chintalapudi)

SKILLS

Diet Planning
Yoga Instruction
Acupuncture
Patient counselling
Effective communication

TECHNICAL SKILLS

Microsoft Powerpoint
Microsoft Word
Canva

ACADEMIC ACHIEVEMENTS

- Overall Academic top scorer

ACADEMIC PROJECT

- Dissertation on Effect of Blue colour Light, Water & Oil on Hypertension

CONFERENCES/WORKSHOPS ATTENDED

1. CME on Sustainable Living and Relevance of Naturopathy in Public health. (NIN Pune)
2. 1st and 2nd International Conference on Holistic Wellness through Naturopathy and Yoga. (SHMCNYS)
3. 23rd International Conference on Frontiers in Yoga Research and its applications. (SVYASA)
4. National workshop on Research Methodology for Yoga and Naturopathy.