



DETAILS

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Dr.Palnati Kalyan

CAREER OBJECTIVE:

Intend to build a career with an institution where I can show my potential so as to achieve institution goals along with my personal success.

ACADEMIC QUALIFICATION

- BNYS(S-VYASAUNIVERSITY)---2015-2021
- HSC(Vikas College) 72%---2013- 2015
- SSLC(Bala Bharat Vidhyaniketan) 83%---2012-2013

TRAINING EXPERIENCE:

- Conducted“ Stop Diabetes movement” camp at sarjapur, Karnataka.
- Attended International conference on Frontiers in yoga Research and its Applications on 2016,2020 at SVYASA University.
- Attended 2ndNational conference on yoga & Naturopathy as Life Style Medicine for Metabolic& Lifestyle diseases on 2019 at SDM College, Ujire.
- Training on Diagnosis &Management of Spinal Disorders for Health Professionals, by, held on 3rd June to 7th June 2020, organized by International Academy of Health & Wellness, Noida.

WORK EXPERINACE:

- Cosmic toga studios 2022 to 2024 Jan
- Conducted yoga sessions at sri Narayani Holistic center
- Gifford memorial hospital Feb to July 2024



Dr. Palnati Kalyan

Bachelor of Naturopathy And Yogic Science

Languages:

- Telugu
- English
- Tamil
- Kannada
- Hindi

COMPLETED INTERNSHIP IN:

- SVYASAUniversity
,Bengaluru
- HSRF Bangalore
- MSR Vijayawada
- cosmic Yoga
Studios
- Narayani
Holistic
Center

HOBBIES

Sports

AREAS OF EXPERTISE:

- Clinical naturopathy
- Acupuncture and Acupressure
- Yoga therapy

RESEARCH SKILLS:

Completed dissertation on “Comparative study of mustard pack and hot fomentation on low back pain.”

- Submitted project on the title “Immediate effect of OM meditation on cognitive and cardiopulmonary variables among healthy individuals.”
- Published Novel Chakra Sadhana Yoga-Based Treatment Approach for Post Traumatic Stress Disorder
- Submitted Intervention study to assess the impact of yoga therapy on level of hemoglobin and uric acid change in patient diagnosed with acute renal failure Thalassaemia

ACADEMIC SKILLS:

- Organized an expo on the effects of combination of Manipulative therapy with Aromatherapy, chromo therapy and Magneto therapy (oct 2018).
- Organized an expo on the effects of combination of Hydrotherapy and Mud therapy (Nov 2019).

INNOVATIVE SKILLS:

- Learnt the process of preparing aroma products like aroma candles, aroma soaps, lip balms and other beauty products.

CORE COMPETENCIES

- Good command over handling equipment's in the field of Naturopathy.
- Sound knowledge on organizing yoga classes.
- Diet and yoga counseling